MIT Economics

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DOCTORAL Massachusetts Institute of Technology (MIT)

STUDIES PhD, Economics, Expected completion June 2025

DISSERTATION: "Healthy Behavior: Essays in Health and Behavioral Economics"

DISSERTATION COMMITTEE AND REFERENCES

Professor Sendhil Mullainathan
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Professor Ashesh Rambachan MIT Department of Economics 77 Massachusetts Avenue, E52-506

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617-253-1000 asheshr@mit.edu Professor Frank Schilbach MIT Department of Economics 77 Massachusetts Avenue, E52-560

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Professor Amy Finkelstein MIT Department of Economics 77 Massachusetts Avenue, E52-442

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PRIOR Harvard University
EDUCATION A.B., Statistics

Summa Cum Laude

CITIZENSHIP USA GENDER: Male

FIELDS Primary Fields: Health Economics, Behavioral Economics

Secondary Fields: Applied Econometrics

MIT Economics

ADVIK SHREEKUMAR OCTOBER 2024-- PAGE 2

| TEACHING EXPERIENCE | Algorithms and Behavioral Science (graduate, MIT course 14.163) TA to Profs. Sendhil Mullainathan and Ashesh Rambachan | 2025 |
|---------------------------------------|---|-------------------------|
| | Introduction to Statistical Methods in Economics (undergraduate, MIT course 14.30) TA to Prof. Alberto Abadie | 2024 |
| | Nonlinear Econometrics (graduate, MIT course 14.385) TA to Profs. Whitney Newey and Alberto Abadie | 2021 |
| | Econometric Data Science (undergraduate, MIT course 14.32) TAto Professor Anna Mikusheva | 2021 |
| | Introduction to Theoretical Statistics (undergraduate, Harvard course Statistics 111) TA to Dr. Kevin Rader | 2016 |
| RESEARCH | To Prof. Tamara Broderick | 2022 |
| ASSISTANCE | To Profs. Sendhil Mullainathan, Jens Ludwig, and Jann Spiess To Profs. Sendhil Mullainathan and Ziad Obermeyer | 2018-19 2018-19 |
| EMPLOYMENT | Applied Data Scientist, Civis Analytics | 2016-18 |
| FELLOWSHIPS, HONORS, AND AWARDS | Russell Sage Foundation Small Grant in Computational Social Science National Science Foundation Graduate Research Fellowship Derek Bok Certificate of Distinction in Teaching | es 2020 2019 2016 |
| PROFESSIONAL ACTIVITIES | Referee: AER: Insights, Journal of Public Economics, Journal of the European Economic Association | |
| | Conference Reviewing: Early Career Behavioral Economics (2023), NeurIPS Workshop on Behavioral Machine Learning (2024) | |
| | Mentorship: Application Assistance and Mentorship Program (2022, 2023) | |
| | Presentations: SITE (Psychology and Economics), Stanford University Early Career Behavioral Economics, briq Institute Advances with Field Experiments, University of Chicago | 2022 2022 2022 |
| PUBLICATIONS | When Guidance Changes: Government Stances and Public Beliefs (with Charlie Rafkin and Pierre-Luc Vautrey) <i>Journal of Public Economics</i> , April 2021. | |

MIT Economics

ADVIK SHREEKUMAR OCTOBER 2024-- PAGE 3

RESEARCH PAPERS

X-Raying Experts: Decomposing Predictable Mistakes in Radiology (Job Market Paper)

Medical errors are consequential but difficult to study, usually requiring laborious human review of past cases. I apply algorithmic tools to measure the extent and nature of medical error in one of the most common medical decision settings: radiologists interpreting chest x-rays. I use state-of-the-art natural language processing to extract radiologists' claims about cardiac health from their free text reports, and compare these claims to algorithmic predictions of the same. I adjudicate between the two using exogenously administered blood tests that directly measure cardiac health. At least 55 percent of radiologists make mistakes, issuing reports that predictably misrank the severity of patients' cardiac health. In contrast to a leading hypothesis in the medical literature, these errors do not reflect radiologists overweighting salient information; rather, they systematically under-react to signals of patient risk. A decomposition shows that these errors reflect, in roughly equal proportion, individual radiologists falling short of best clinical practice (a "human frontier"), and a further gap between best practice and algorithmic predictions (a "machine frontier"). In principle, reaching the human frontier would reduce radiologists' false negative rates by 20% and false positive rates by 2%; reaching the machine frontier would reduce false negatives by an additional 12% and false positives by 2%. Finally, I find that the mistakes revealed by machine learning do not skew against underrepresented groups in this setting, underscoring the promise of detecting errors algorithmically.

Managing Emotions: The Effects of Online Mindfulness Meditation on Mental Health and Economic Behavior (with Pierre-Luc Vautrey)

Mindfulness meditation has gained popularity, fueled by accessible smartphone apps and rising concerns about mental health. While such apps are claimed to affect mental well-being, productivity, and decision making, existing evidence is inconclusive due to limited sample sizes and high attrition. We address these concerns by conducting a large-scale, low-attrition experiment with 2,384 US adults, randomizing access and usage incentives for a popular mindfulness app. App access improves an index of anxiety, depression, and stress by 0.38 standard deviations (SDs) at two weeks and 0.46 SDs at four weeks, with persistent effects three months later. It also improves earnings on a focused proofreading task by 2 percent. However, we find near-zero effects on a standard cognitive test (a Stroop task), and on decisions over risk and information acquisition where past economics research has indicated that emotions affect choice. This study provides evidence that digital mindfulness improves mental health and can raise productivity, but suggests that these effects do not stem from traditional measures of cognitive skills nor do they accompany more primitive changes in the information and risk preferences we measure.